



Good Homework Policy

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For homework to be effective, it should support educational goals, take into account students' abilities and needs, and strengthen the school-home link.

Homework is often a hot-button issue for schools. Even with a school homework policy, the homework practices of teachers vary in quality, with some teachers applying best practice standards, while others assign homework too difficult for some students, or collect homework without providing feedback to students. In addition, families in which parents work and children participate in an array of after-school activities provide an environment where homework time and parental assistance is often scarce. Thus, principals need to address parents' concerns about excessive homework—or teachers' concerns when too many students fail to complete it.

Principals and teachers can use research about homework to address two important questions: Does homework support higher levels of student learning? What are characteristics of effective homework practices?

What Does the Research Say?

As with many of the school-related variables that could impact student learning, it is difficult to isolate a connection between homework and student learning because there are so many additional factors—quality of the homework, student motivation, and family support, just to cite a few—that are part of the equation. While some studies attempt to control for such factors, much of the research “simply correlates homework and achievement with no attempt to account for student differences” (Cooper, 2006). Looking at the body of research as a whole, “The link between homework and achievement is far from clear. There is no conclusive evidence that homework

student achievement. Cooper, Robinson, and Patall (2006) found “generally consistent evidence for a positive influence of homework on achievement.” Marzano and Pickering (2007b) agree. Their review of the homework research found that “with only rare exceptions, the relationship between the amount of homework students do and their achievement outcomes was found to be positive and statistically significant.”

Syntheses of homework research have also identified a theme particularly important to educators in elementary schools. Typically, the correlation between homework and achievement appears to be stronger in grades 7-12 than in K-6 (Cooper, Robinson, & Patall, 2006; Marzano & Pickering, 2007b). Such research, however, generally relates to a direct link between homework and achievement. Cooper (2001) suggests that educators should look more broadly at possible benefits of homework that can ultimately impact student learning, and highlights three of these:

Marzano and Pickering (2007a) provide a good starting point to the discussion about effective homework practices: “Homework should not be assigned simply as a matter of routine,” but instead only when there is a clear purpose in regard to student learning. In essence, good homework practices are consistent with good teaching.

Marzano, Gaddy, and Dean (2000) emphasize that teachers should make sure the purpose of homework assignments is clear. Students should leave the classroom with no confusion about either what they are being asked to do or how to do it.

The research is especially clear about one point in relation to homework: It should not be used to teach new material (Cooper, 2001). Although homework assignments can be an appropriate means of introducing concepts that will be taught in future lessons (such as gathering current newspaper articles on a specific science topic, or interviewing grandparents for their

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increases student achievement across the board” (Center for Public Education, 2007).

Harris Cooper, a researcher with a long-time interest in the issue of homework, agrees. However, he also points to the few carefully controlled studies that have found positive links between homework and student scores on end-of-class tests. For example, one study found that second-grade students assigned math homework did better on such tests than comparable students who were not assigned homework.

Because there are so few of these carefully controlled studies, some researchers use an approach called meta-analysis to attempt to identify themes from the larger body of homework research, using even those studies that simply correlate homework and

- Long-term academic benefits such as better study habits and skills;
- Nonacademic benefits, including greater self-direction, greater self-discipline, better time organization, and more independent problem-solving; and
- Greater parental appreciation of and involvement in schooling.

Homework Practices

If the homework research addressed only the homework-achievement link, elementary school educators might reasonably feel that little guidance has been provided for them. However, researchers have also addressed a critically important question: Which practices help to increase the benefits of homework while minimizing potential problems?

first-hand accounts of historical events), tasks assigned for preparation purposes should be discussed and expanded upon, with explicit connections made to material presented in class.

Teachers also should make sure their students fully understand the concepts and possess the skills needed to complete any homework assignment. For example, requiring students to practice math problems at home that they do not fully understand in class will only discourage and frustrate them. Further, practicing a skill that is either not well understood or—worse—misunderstood “might also serve to habituate errors or misconceptions” (Marzano, Pickering, & Pollock, 2001).

Marzano and Pickering (2007a) highlight a related characteristic of effective homework: It “should be structured in a

way the students can accomplish it with relatively high success rates.”

Paulu (1998) suggests that the use of a consistent homework schedule “helps students remember to do assignments. A consistent schedule can also help busy parents remember when their children’s assignments are due.” Vaughn and her research colleagues (in ERIC, 2001) synthesized the research on students’ perceptions related to homework. Their findings provide additional good practice suggestions. For example, students found it helpful when teachers used these strategies:

- Assigned homework toward the beginning of class;
- Explained how to do the homework, including providing examples and writing directions on the chalkboard;
- Gave students time to start the homework in class, then checked for understanding and provided assistance before the end of the class period;
- Explicitly related the homework to class work; and
- Permitted students to work together on homework in class.

Finally, teachers should never give homework as punishment. Cooper (in Silvis, 2002) warns: “It implies you think schoolwork is aversive. Kids will pick up this message.”

Walberg and Paik (2004) identify teacher feedback to homework as having a powerful positive effect on student learning. Specifically, “students learn more when they complete homework that is graded, commented upon, and discussed by their teachers.” These researchers also suggest that it is especially important to reinforce what has been done correctly and to re-teach concepts and skills that homework demonstrates students still have not mastered. Marzano, Gaddy, and Dean (2000) suggest that not all this feedback needs to be in the form of teacher notes on the top of every assignment paper. For example, student discussion of homework can pro-

vide helpful feedback, as long as the teacher also monitors the work of individual students to ensure that a student who has struggled with the homework is not overlooked.

Taking a Schoolwide Approach

A school policy regarding homework, along with clear expectations for teachers as to what constitutes good homework, can help to strengthen the benefits of homework for student learning while decreasing potential problems. The policy might define the role of homework in learning at each grade level. For example, “[H]omework should help young children develop good study habits, promote positive attitudes toward school, and communicate to students that learning takes place outside as well as inside school. Thus, assignments should be brief, involve materials commonly found in the home, and not be too demanding” (Cooper, 1994).

The Center for Innovation and Improvement (2009) sees homework as “a primary point of interface between the school and the home [with parents better able] to support the school’s purposes for homework when they understand what is expected of their students and their role in monitoring their children’s homework.”

Marzano, Gaddy, and Dean (2000) suggest that a school’s homework policy address questions parents often have about homework. For example, the homework policy could specify some responsibilities of teachers, parents, and students (Cooper, 1994). The homework policy of one Massachusetts elementary school—developed through collaboration of teachers, parents, and other school staff—delineated specific responsibilities for teachers:

- Communicate clear expectations for each assignment;
- Assign developmentally appropriate homework—not busy work;
- Limit the amount of homework given to allow for independent reading time;

- Acknowledge an assignment’s importance with corrections and feedback; and
- Periodically solicit feedback on assignment difficulty and completion time from parents and students (Shellard & Turner, 2004).

Another role for schools—although teachers should also be sensitive to it—involves recognizing the limitations that students’ home environments might place on their ability to do homework well or even at all. Vatterott (2003) cautions that “used improperly, homework disproportionately causes students who are academically or situationally challenged to fail” and so may increase achievement gaps. For some students, an after-school program that provides homework assistance might be a necessity.

This brief overview of the current


WEB RESOURCES

A *Report to Parents* titled “Effective and Appropriate Help With Homework” is available on the NAESP Web site.
www.naesp.org/report_to_parents.aspx

The U.S. Department of Education’s Web site provides a brief PowerPoint presentation in English and Spanish about homework that schools could use with parents.
www.ed.gov/teachers/how/parents/homework-tips/edlite-index.html

MetLife periodically surveys teachers, selecting a specific issue as the focus of each study. A recent study asked teachers, parents, and students about homework practices and about their opinions concerning homework.
www.metlife.com/teachersurvey



research and practices related to homework highlights the complexity of the issue. For homework to be effective, it should be carefully planned to support specific educational goals, take into account the specific abilities and needs of students, and strengthen the link between home and school. 

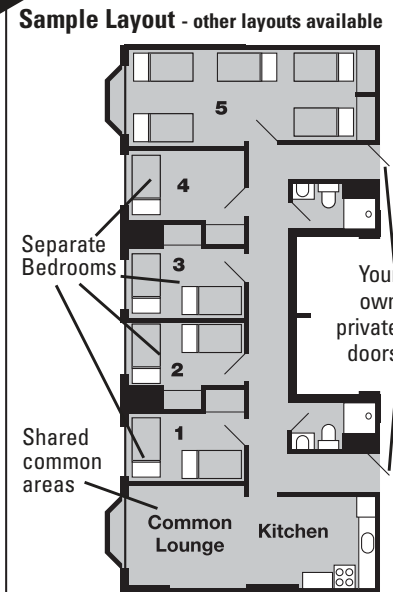
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